

China National Olympic Training Center

Guest Schedule

Trying to explain our China program is never easy because we put you hands-on, up-close and personal with China. However, it is even more difficult to describe the experiences of a guest. This is because guests are put in that special place where structure and freedom cross. The results are those magical moments which no one can predict or duplicate.

There are both structured tours but also free time to explore. See the parks alive early in the morning or listening to live music late in the evening. Shop to your hearts content... or not.

We can help guests hire guides for their independent time but suggest they do not over plan and make their travel decisions after arriving in Beijing.

Be Indiana Jones, explore... but leave your whip at home.

Since it is impossible to write about an adventure before it happens, I decided the best way to help you understand what it is like to be a guest was with the help of pictures from several of our former guests, Simon B. and Eddie S., who graciously sent me all their pictures (over 2500 pictures - really!)

Saturday - Sunday (Day 1-2)

Depart U.S. and fly to China. Settle into your new home and have a bowl of noodles and a massage.



Monday (Day 3)

Day: While you are free, most guests check out what is happening at the Sports Hospital.

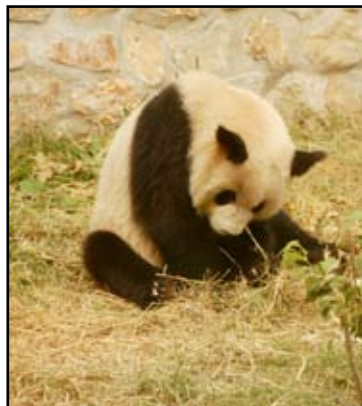
Evening: You are invited to the Olympic Training Center banquet.



Tuesday (Day 4)

Morning
Afternoon

Old Beijing Hutong (ancient lane) Tour
Choice of activities (Beijing Zoo, Beihai Park or Lama Temple)



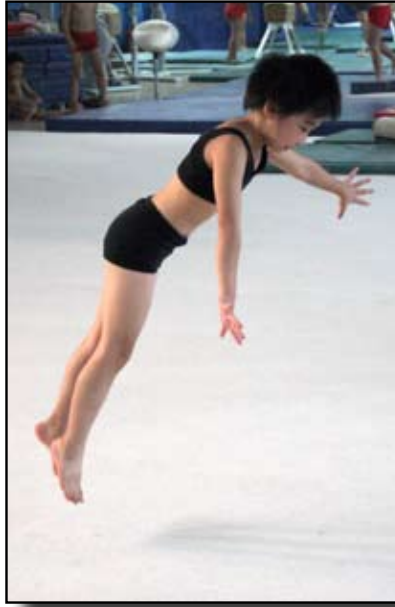
Wednesday - Thursday (Day 5 - 6) Imperial Mountain Resort Excursion (overnight)



Friday (Day 7)

Afternoon
Evening

Sports Training School
Xiangjiang Banquet, Singing and Dancing (optional)



Saturday (Day 8)

Morning
Afternoon

Temple of Heaven
Forbidden City/Tian An Men Square



Sunday (Day 9)

Great Wall



Monday - Thursday (Day 10-13) Open - Exploring Beijing
Friday (Day 14) Depart for US or Optional Travel

